



Not Too Much. Not Too Little. HR That's Just Right.

At Ampleo HR, we sync with your business, whether you're growing fast, navigating complexity, or adapting to changing regulations. Our seasoned consultants deliver flexible, right-sized HR support exactly when and how you need it.

CHOOSE THE RIGHT ENGAGEMENT FOR YOUR NEEDS



TOTAL HR

Setting the Full Organizational Beat

We serve as your outsourced HR department, ideal for companies without in-house HR or in rapid growth mode.

- Full-service support with hiring, compliance, culture, and more
- Combines daily execution with strategic leadership
- Grows with your business

Use Case: A 30-person tech startup without HR hired Ampleo HR to build foundational systems and scale people operations.



EXTEND HR

Fine-Tuning Your Current Rhythm

Already have HR? We step in with extra capacity or targeted expertise to elevate your impact.

- Fill gaps during leave or high-growth periods
- Access specialists in compliance, comp, HR tech, and more
- Collaborate closely with your existing team

Use Case: A mid-sized company's HR director brought Ampleo HR in to lead a compensation review during open enrollment.



PROJECT HR

Precision Timing for Defined Goals

Targeted support for one-time initiatives that need expert execution and a clear finish line.

- HRIS launches, recruiting sprints, handbook builds, and more
- Expert-led, outcome-driven
- Keeps your team focused on core operations

Use Case: A nonprofit engages Ampleo HR to design and roll out a performance review process within 90 days.

WHY AMPLEO HR?

- Fractional HR leadership without the full-time cost
- Experienced, industry-savvy consultants
- Seamless collaboration with leaders and teams
- Part of the broader Ampleo network: HR, finance, and ops experts

AMPLEO HR — OFFERING THE RIGHT-SIZED HR SUPPORT, JUST WHEN YOU NEED IT.

Meet with Abby Martin, President, Ampleo HR >

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